The OneTouch Verio Flex® meter takes the guesswork out of your numbers...

**Step 1:** Insert a OneTouch Verio® test strip

**Step 2:** Apply blood to either side of the strip

And that's it. Your results appear on screen with an arrow that shows if your results are Low, In Range, or High.

Before using the OneTouch Verio Flex® meter to test blood glucose, carefully read the Owner’s Booklet and inserts that come with the components of the system.

...with simple, 2-step testing