Got a high pattern?
Got a low pattern?
OneTouch® Verio®IQ will let you know.

Every time you test, your meter automatically searches for high or low glucose patterns and notifies you when it finds one.

Your meter color-codes your pattern messages using red for high, blue for low, so you can see an instant which kind of pattern was detected. This makes it easier to identify patterns with OneTouch® Verio®IQ than with a logbook.

Your meter comes with preset pattern limits:
- For high:
  - 3 results that are over the High Limit
  - Over 5 consecutive days
  - From the same time of day (within 3 hours)
- For low:
  - 2 results below the Low Limit
  - Over 5 consecutive days
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For more details, press [Menu].

To personalize your limits, see Chapter 1 of your Owner’s Booklet.

To learn more, keep reading, and refer to Chapter 4 of your Owner’s Booklet.

A quick little introduction to your new system.

Part 1:

See progress over time:
Take a look at your averages.

Your meter stores your most recent 750 test results to calculate your Averages over 7-, 14-, 30-, and 90-day periods. It’s a good way to see how you’ve been doing over time.

High pattern message appears when your meter records:
- 3 results that are over the High Limit
- Over 5 consecutive days
- From the same time of day (within 3 hours)

High Details shows you the results that created your before meal high pattern, so that you can think about what may have caused it and what you could do to prevent it from recurring.

For more details, press [Get Details].

Low pattern message appears when your meter records:
- 2 results below the Low Limit
- Over 5 consecutive days
- From the same time of day (within 3 hours)

Low Details shows you the results that created your low pattern, so that you can think about what may have caused it and what you could do to prevent it from recurring.

For more details, press [Get Details].

High
Low
130 mg/dL 70 mg/dL

Averages
7 Days
mg/dL
30 Results
104
14 Days
58 Results
148
30 Days
127 Results
157
90 Days
364 Results
169

Part 1:

In the last 7 days, you have had 4 Low results and 5 High results tagged Before meal.

Press 66 on one of your averages to see a summary of your high and low results on one handy screen. The more data you have to share with your healthcare team, the better—and this is an excellent way for them to view it.

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Get to know your OneTouch® Verio®IQ.

The parts.

OneTouch® Verio® Test Strip
The side fill design lets you apply just a speck of blood to either side of the test strip.
It’s the only test strip that works with your OneTouch® Verio®IQ Meter.

Illuminated Screen and Testing Area
When you insert a test strip, the color screen and meter cap will light up. This allows for testing in dimly lit or dark conditions.

Rechargeable Battery
It’s an eco-conscious rechargeable battery and it’s easy to charge with the AC adapter and/or mini USB cable (both included).

OneTouch® Delica® Lancing System
Patients feel the OneTouch® Delica® Lancing System is more comfortable than their previous lancing systems.*
A new lancet for each test helps keep it that way.

The icons and color key.
- Before meal tag
- After meal tag
- Battery power indicator
  Red for high
  Blue for low
- Scroll up
- Scroll down
- Back button
- Press and hold to turn meter on and off; press and release to accept a setting

Get your meter up and running.

In your Owner’s Booklet, you can find detailed instructions on:
- Setting up your meter
- Testing
- Charging your battery and troubleshooting

Meanwhile, here are some quick tips on where to find more information.

Setting up your meter.
From the Main Menu, select Settings to set the date and time. See Chapter 1 in your Owner’s Booklet for more information.

Taking a test.
After you insert your test strip into the meter, Apply Blood appears on the display. You can apply blood to either side of the strip. See Chapter 2 for more information.

Charging your battery and troubleshooting.
If your meter won’t turn on, first try charging it. For more information on battery charging and general troubleshooting, see Chapters 6 and 7.

Part 2:
Things you didn’t know your meter could do.