



In vitro diagnostic. For self-testing.

IMPORTANT: Please read this information and your OneTouch® Ultra® Family of Meters and OneTouch Ping® Meter Remote User Guide before using OneTouch® Ultra® Test Strips. Do Not use your OneTouch® Ultra® Test Strips if your vial is open or damaged in any way as this could lead to error messages or inaccurate blood glucose values. Contact LifeScan Customer Service at 1 800 227-8862 immediately if the test strip vial is open or damaged, or if these instructional materials or your meter results seem unclear. (Contact us 7 days a week, 8 a.m. – 8 p.m. Eastern Time. For assistance outside of these hours, please contact your healthcare professional.)

Intended Use

OneTouch® Ultra® Test Strips are used with the OneTouch® Ultra® Family of Meters and the OneTouch Ping® Meter Remote for quantitatively measuring glucose in fresh capillary whole blood. The OneTouch® Ultra® Test Strips and associated meters are intended for use by people with diabetes at home and health care professionals in the clinical setting. OneTouch® Ultra® Test Strips and associated meters are for use in fingertip, forearm, and palm testing.

Storage and Handling

- Store the test strip vial in a cool dry place below 86°F (30°C). Do Not refrigerate. Keep away from direct sunlight and heat. Exposure to temperatures and/or humidity outside the required storage conditions may result in inaccurate readings.
- Store your test strips in their **original vial only**. To avoid damage or contamination, **Do Not** transfer test strips to any other container.
- Do Not** open the test strip vial until you are ready to test. **Only open vial when removing test strips.**
- After removing a test strip from the vial, immediately close the vial lid tightly. Use each test strip immediately after **removing it from the vial.**
- Do Not** use test strips from any vial that is damaged or left open to air.
- Write the discard date (date opened plus 6 months) on the vial label when you first open it.
- Do Not** use test strips beyond the expiration (printed on vial label) or discard date, whichever comes first.
- Avoid getting dirt, food, or liquids on the test strip. With clean, dry hands, you may touch the test strip anywhere on its surface.
- Do Not** bend, cut, or alter the test strip in any way.
- Test strips are for single use only. **Never reuse a test strip that had blood or control solution applied to it.**
- Make sure your meter and test strips are about the same temperature before you test.
- Apply only control solution or a blood sample to the test strip.
- After performing a test, **Do Not** return the used test strip to the vial.
- Used test strips may be considered biohazardous waste in your area. Be sure to follow your health care professional's recommendations or your local regulations for proper disposal.

⚠ WARNING: Keep the test strip vial away from children; test strips are a choking hazard. Do Not swallow test strips. The test strip vial may contain drying agents that are harmful if inhaled or swallowed and may cause skin or eye irritation. Do Not ingest or swallow any items.

Blood Glucose Test Procedure

For instructions on performing a blood test (including blood sample collection), refer to the User Guide that came with your system.

IMPORTANT: Some OneTouch® Ultra® Meters and the OneTouch Ping® Meter Remote require coding. For meters that require coding, matching the code on the meter to the code on the test strip vial is essential to obtain accurate results. Refer to the User Guide that came with your system to determine if your meter requires coding and get detailed instructions on coding.

Test Results

Low Glucose Values

If your test result is below 20 mg/dL (1.1 mmol/L), a warning message will appear indicating a low glucose level. This may indicate severe hypoglycemia (low blood glucose). **Treat this condition immediately, according to your health care professional's recommendations.** Although this message could be due to a test error, it is safer to treat first, and then do another test.

High Glucose Values

If your test result is above 600 mg/dL (33.3 mmol/L), a warning message will appear indicating a high glucose level. This may indicate severe hyperglycemia (high blood glucose). You should retest your glucose level. If the message appears again, call your health care professional immediately.

If You Get Unexpected Results

If your blood glucose result is below 70 mg/dL (3.9 mmol/L), indicating low blood glucose, or above 180 mg/dL (10.0 mmol/L), indicating high blood glucose, you should contact and follow your health care professional's treatment advice.¹ If you continue to get unexpected results, check your system with control solution. If you are experiencing symptoms that are not consistent with your blood glucose test results AND you have followed all instructions described in your User Guide, call your health care professional. Never ignore symptoms or make significant changes to your diabetes control program without speaking to your health care professional.

Range of Expected Values

Blood glucose management requires the help of a health care professional. Together you can set your own range of expected blood glucose values, arrange your testing times, and discuss the meaning of your blood glucose results.

Expected blood glucose levels for people without diabetes:²

Time	Range, mg/dL	Range, mmol/L
Fasting	Less than 100	Less than 5.6
2 hours after meals	Less than 140	Less than 7.8

Checking the System

Use OneTouch® Ultra® Control Solutions

A control solution test is performed to check that the meter and test strips are working together properly and that you are performing the test correctly. For instructions on how and when to check the system by performing a control solution test, refer to the User Guide that came with your system.

Limitations of Procedure

OneTouch® Ultra® Test Strips give accurate results when the following limitations are observed:

- Do Not** use for the diagnosis of diabetes or for testing of newborns.
- Test strips are for single use only. **Do Not** reuse.
- The test strips are specific to D-glucose and do not react to other sugars, which may be present in blood.
- Use only fresh capillary whole blood. **Do Not** use serum or plasma.
- Hematocrit is the percentage of red blood cells in the blood. Extremes in hematocrit may affect test results.³ Hematocrit levels below 30% may cause falsely high readings and hematocrit levels over 55% may cause falsely low readings. If you do not know your hematocrit level, consult your health care professional.
- OneTouch® Ultra® Test Strips may be used at altitudes up to 10,000 feet (3048 meters) without an effect on test results. Accurate results were demonstrated in clinical studies performed at altitudes up to 5,280 feet (1609 meters) and in studies simulating altitudes up to 10,000 feet (3048 meters).

Health care professionals—please note these additional limitations of procedure:

- Fresh capillary blood may be collected into heparin-containing test tubes if the blood is used within 10 minutes. **Do Not** use other anticoagulants or preservatives.
- Interferents: Acetaminophen, salicylates, uric acid, ascorbic acid (vitamin C), and other reducing substances (when occurring in normal blood or normal therapeutic concentrations) do not significantly affect results. However, abnormally high concentrations in blood may cause inaccurately high results.

Health Care Professionals: Please visit www.OneTouch.com or call the OneTouch® Customer Care Line at 1 800 227-8862 (English) for additional instructions on using OneTouch® Meters in a clinical setting (e.g., long term care facilities and physician offices).

Profesionales del cuidado de la salud: por favor, visiten www.OneTouch.com o llamen a la Línea de Asistencia al Cliente OneTouch® al 1 800 381-7226 (Español) para obtener instrucciones adicionales sobre cómo usar los medidores OneTouch® en un entorno clínico (por ejemplo, centros de cuidado a largo plazo y consultorios médicos).

As your partner in diabetes care, we offer valuable diabetes-related knowledge, tools and special offers online. www.OneTouch.com
Should you need additional assistance, we welcome you to contact us 7 days a week, 8 a.m. – 8 p.m. Eastern Time. 1 800 227-8862 (English) • 1 800 381-7226 (Español)
OneTouch Ping® Meter Remote—contact Animas Customer Service at 1 877-937-7867, 24 hours a day, 7 days a week.
For assistance outside of these hours, please contact your healthcare professional.

- Patients undergoing oxygen therapy may yield falsely low results.
- Test results may be falsely low if the patient is severely dehydrated, in shock, or in a hyperosmolar state (with or without ketosis). Critically ill patients should not be tested by blood glucose meters.
- Lipemic samples: Cholesterol levels up to 700 mg/dL (18.1 mmol/L) and triglycerides up to 3000 mg/dL (33.9 mmol/L) do not affect the results. Grossly lipemic patient samples have not been tested and are not recommended for testing with the OneTouch® Ultra® Family of Meters.

Test Principle

The OneTouch® Ultra® Family of Meters and OneTouch Ping® Meter Remote are plasma-calibrated to allow easy comparison of results with laboratory methods. Glucose in the blood sample mixes with special chemicals on the test strip and a small electrical current is produced. This current is measured by the OneTouch® Ultra® Family of Meters and OneTouch Ping® Meter Remote and displayed as your blood glucose result. The strength of this current changes with the amount of glucose in the blood sample.

Reagent Composition

Each test strip contains: Glucose oxidase (*Aspergillus niger*) ≥ 0.08 IU; ferricyanide ≥ 22 µg; other ingredients (buffer, etc.). The test strip vial contains a drying agent.

Performance Characteristics

The performance of OneTouch® Ultra® Test Strips has been evaluated both in laboratory and in clinical tests.⁵

Measurement Range: The measurement range of the OneTouch® Ultra® Family of Meters is 20 to 600 mg/dL (1.1–33.3 mmol/L).

System Accuracy: Diabetes experts have suggested that glucose meters should agree within 15 mg/dL (0.83 mmol/L) of a laboratory method when the glucose concentration is lower than 75 mg/dL (4.2 mmol/L), and within 20% of a laboratory method when the glucose concentration is 75 mg/dL (4.2 mmol/L) or higher. Samples from 100 diabetic patients at 1 clinical center were tested using both the OneTouch® Ultra®2 System and the YSI Model 2300 Glucose Analyzer (laboratory test).⁵

System Accuracy Results for Glucose Concentrations <75 mg/dL (4.2 mmol/L)

	Within ±5 mg/dL (0.28 mmol/L)	Within ±10 mg/dL (0.56 mmol/L)	Within ±15 mg/dL (0.83 mmol/L)
Percent (and number) of meter results that match the laboratory test	48.8% (41/84)	84.5% (71/84)	100.0% (84/84)

System Accuracy Results for Glucose Concentrations ≥75 mg/dL (4.2 mmol/L)

	Within ±5%	Within ±10%	Within ±15%	Within ±20%
Percent (and number) of meter results that match the laboratory test	38.0% (196/516)	68.0% (351/516)	88.2% (455/516)	95.7% (494/516)

System Accuracy Results across the entire Glucose Range

	Within ±15 mg/dL (0.83 mmol/L) or ±20%
Percent (and number) of meter results that match the laboratory test	96.3% (578/600)

Therefore, 96.3% of the total results obtained with the OneTouch® Ultra®2 System achieved the goal suggested by the diabetes experts.

Regression Statistics: Samples were tested in duplicate on each of 3 test strip lots. Results indicate that the OneTouch® Ultra®2 System compares well with a laboratory method.

Number of Subjects	Number of Tests	Slope	Intercept mg/dL (mmol/L)	95% CI Slope	95% CI Intercept mg/dL (mmol/L)	Std. Error (S _{y.x}) mg/dL (mmol/L)	R ²
100	600	0.972	-2.657 (-0.012)	0.958 to 0.985	-5.415 to 0.102 (-0.168 to 0.145)	17.743 (1.000)	0.973

Precision:

Within Run Precision (100 venous blood tests per glucose level)

Target Glucose mg/dL (mmol/L)	Mean Glucose mg/dL (mmol/L)	Standard deviation mg/dL (mmol/L)	Coefficient of variation (%)
40 (2.2)	41.0 (2.28)	1.02 (0.057)	2.50
100 (5.6)	97.4 (5.40)	1.74 (0.096)	1.78
130 (7.2)	120.7 (6.70)	2.10 (0.116)	1.74
200 (11.1)	200.9 (11.15)	2.87 (0.160)	1.43
300 (16.7)	305.6 (16.96)	3.55 (0.197)	1.16

Total Precision (200 control solution tests per glucose level)

Glucose Levels	Mean Glucose mg/dL (mmol/L)	Standard deviation mg/dL (mmol/L)	Coefficient of variation (%)
LOW	46.6 (2.59)	1.01 (0.056)	2.18
MID	115.1 (6.39)	2.19 (0.121)	1.90
HIGH	350.8 (19.47)	5.48 (0.304)	1.56

Results show that the greatest variability observed between test strips when tested with blood is 2.5% or less.

Data generated using OneTouch® Ultra®2 Meter. OneTouch® Ultra®2 is representative of the OneTouch® Ultra® Family of Meters and the OneTouch Ping® Meter Remote.

IMPORTANT: For complete operating instructions and other important technical information, refer to the User Guide that came with your system. **IF YOU HAVE QUESTIONS ABOUT THE USE OF ANY LIFESCAN PRODUCT, PLEASE CONTACT LIFESCAN CUSTOMER SERVICE AT 1 800 227-8862. (Contact us 7 days a week, 8 a.m. – 8 p.m. Eastern Time. For assistance outside of these hours, please contact your healthcare professional.)**

References

- Beaser, R.S. and Hill, Joan: The Joslin Guide to Diabetes. New York: Simon and Schuster (1995), p. 158.
- American Diabetes Association, Position Statement, Diagnosis and Classification of Diabetes Mellitus, Diabetes Care 31:555-560, 2008.
- Data on file.

OUR COMMITMENT TO YOU:

As your partner in diabetes care, we offer valuable diabetes-related knowledge, tools and special offers online. www.OneTouch.com

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For assistance outside of these hours, please contact your healthcare professional.

Description of Symbols

For a complete description of all symbols used, refer to the User Guide that came with your system.

Covered by one or more of the following U.S. patents: 5,708,247, 5,951,836, 6,241,862, 6,284,125, and 7,112,265. Use of these test strips and associated monitoring device is protected under the following U.S. patents: 6,413,410, 6,733,655, 7,250,105. Purchase of the associated monitoring device does not act to grant a use license under these patents. Such a license is granted only when the associated monitoring device is used with OneTouch® Ultra® Test Strips. No test strip supplier other than LifeScan, Inc. is authorized to grant such a license. The accuracy of results generated with LifeScan meters using test strips manufactured by anyone other than LifeScan has not been evaluated by LifeScan.

